

SAVANNAH R. FLAK
CURRICULUM VITAE

Email: savannahflak@usf.edu

EDUCATION

- Ph.D. Ongoing **University of South Florida**, Tampa, FL
Industrial-Organizational Psychology
Advisor: Claire Smith, Ph.D.
- M.A. 2021 **University of South Florida**, St. Petersburg, FL
Psychological Sciences
Graduate Certificate in Data Analysis
Master's Thesis: "*The influence of maternal body-shaming comments and bodily shame on portion size*"
Advisor: Wendy Rote, Ph.D.
- B.A. 2018 **New College of Florida**, Sarasota, FL
Psychology
Honors Thesis: "*Key West after Hurricane Irma: An exploration of self-efficacy, post-traumatic growth, and evacuation behaviors*"
Advisor: Michelle Barton, Ph.D.

PUBLICATIONS

- Rote, W. M. & **Flak, S. R.** (2022). Perceptions of parenting and moral development. Invited chapter in M. Killen & J. Smetana (Eds.), *Handbook of Moral Development* (3rd ed.). Routledge. <https://doi.org/10.4324/9781003047247-29>
- Rote, W. M., & **Flak, S. R.**, & Ellison, C. (2021). "That's not what I heard!": Adolescent internalizing, negative perceptions of maternal communication, and felt shame and guilt. *Journal of Youth and Adolescence*, 50, 1693-1708. doi: [10.1007/s10964-021-01458-4](https://doi.org/10.1007/s10964-021-01458-4)
- Rote, W. M., Corona, A., Moore, L. S., Patrick, R. B., & **Flak, S. R.** (2020). Adolescent perceptions of inductive discipline as a response to peer aggression: Variation by respondent and aggressive act. *Social Development*, 30, 428-448. <https://doi.org/10.1111/sode.12492>

PAPERS UNDER REVIEW/ IN PREPARATION

- Flak, S. R.**, & Chenneville, T. (in preparation). Body size as a protected category: Employment considerations and a call to action for the APA Ethics Code Task Force.

CONFERENCE PRESENTATIONS

- Flak, S. R.** (May, 2018). Exploring evacuation behaviors of Key West residents in the context of Hurricane Irma. Presented at Governor's Hurricane Conference, West Palm Beach, FL

POSTER PRESENTATIONS

Flak, S. R., & Rote, W. M. (Summer, 2021). *Bodily guilt mediates link between receiving maternal body comments and choosing smaller portions.* Poster presented at the American Psychological Association Annual Convention (virtual).

Flak, S. R., & Rote, W. M. (Summer, 2021). *The relationship between bodily shame and portion size depends on body mass index.* Poster presented at the Association of Psychological Sciences Virtual Poster Showcase.

Flak, S. R., Cooper, J., & Rote, W. M. (April, 2021). *Bodily guilt and shame mediate the link between maternal body influence and dietary restraint.* Poster presented at the Society for Research in Child Development Virtual Biennial Meeting.

Flak, S. R., Drung, Y. G., & Rote, W. M. (Summer, 2020). *The perceived motivations for helicopter parenting moderate links between helicopter parenting and negative outcomes.* Poster presented at the Association of Psychological Sciences Virtual Poster Showcase.

Flak, S. R., Rote, W. M., Corona, A., & Ellison, C. (April, 2020). *Youth perceptions of guilt induction in response to peer aggression: Variation by respondent and aggressive act.* Poster presented at the USFSP Virtual Student Research Symposium, St. Petersburg, FL.

Sandifer, E. R., **Flak, S. R.,** Gillespie, K., Cooper, J., & Rote, W. M. (March, 2020). *Age of appropriateness for helicopter parenting behaviors.* Poster accepted for presentation at the meeting of the Society for Research in Adolescence, San Diego, CA. Conference cancelled due to COVID-19.

Corona, A., **Flak, S. R.,** & Rote, W. M., & Ellison, C. (March, 2020). *Youth perceptions of guilt induction in response to peer aggression: Variation by respondent and aggressive act.* Poster accepted for presentation at the meeting of the Society for Research in Adolescence, San Diego, CA. Conference cancelled due to COVID-19.

SYMPOSIA

Rote, W. M., Sandifer, E. R., Corona, A., & **Flak, S. R.** (March, 2021). Domain-differentiated guilt induction: Understanding its structure and correlates. Paper presented at the meeting of the Society for Research in Adolescence, Virtual.

SPECIALIZED SKILLS

Proficient in the use of Excel, SPSS, STATA, Qualtrics, NVivo, and REDCap; experience using SAS, R, Mplus, and Python.

RESEARCH EXPERIENCE

- 2024 – present Graduate Research Assistant
Work Stress (WORST) Lab at USF, Claire Smith, Ph.D.
- Duties include contributing to current research projects as well as managing and mentoring undergraduate students.
- 2024 – present Graduate Research Assistant
Tactics Lab at USF, Daniel Griffin, Ph.D.
- Duties include contributing to current research projects.
- 2022 – 2024 Research Associate
Fors Marsh, Public Service Recruitment Research
- Duties included providing support to a variety of research projects, which as developing surveys, managing data collection, preparing datasets for analyses, conducting quantitative and qualitative analyses, contributing to client deliverables by writing up results and literature review findings for client reports, and double-checking quantitative analyses and final client deliverables for accuracy.
- 2021 – 2022 Clinical Research Associate
*Preventing Alzheimer's with Cognitive Training (PACT) Lab at USF
Supervisor - Jennifer O'Brien, Ph.D.*
- Duties included coordinating research assistants; managing the move and setup of the lab across campus; recruiting, screening, and retaining participants; leading study visits, including administering the Montreal Cognitive Assessment (MoCA); leading the training of participants; conducting progress checks with participants throughout their 3-year involvement; engaging in good clinical practice
- 2020 – 2021 Lab Coordinator
Parent-Adolescent Relationships (PAR) Lab at USF, Wendy Rote, Ph.D.
- Duties included the coordination and training of research assistants; IRB submission preparation and oversight; participant recruitment and payment; survey design and editing; measure development; data cleaning and analysis; literature review; manuscript preparation
- 2019 – 2021 Graduate Research Assistant
Parent-Adolescent Relationships (PAR) Lab at USF, Wendy Rote, Ph.D.
- Studies included the Perceptions of Parenting Study, Promoting Adaptive Parental Involvement Study, Creating Optimal Parenting Experience Study, and Helicopter Parenting Study.

TEACHING EXPERIENCE**TEACHING ASSISTANTSHIPS***University of South Florida - Tampa campus*

- Graduate Assistantship
 - Introduction to Psychological Science – Fall 2024

University of South Florida - St. Petersburg campus

- Graduate Assistantship
 - Tests and Measurements – Fall 2020 and Spring 2021
- Teaching Assistantship
 - Personality - Spring 2020

New College of Florida

- Research Methods in Psychology - Spring 2018
- Cell Biology - Fall 2017
- Foundations of Biology II - Spring 2017

OTHER TEACHING EXPERIENCES

2020 – present	Virtual Mathematics Enrichment Instructor Institute for Mathematics and Computer Science
2018 – 2019	Mathematics Enrichment Instructor Institute for Mathematics and Computer Science, Boca Raton, FL
2017 – 2018	Statistics Tutor Quantitative Resource Center, New College of Florida, Sarasota, FL
2016 – 2018	Mathematics Instructor Mathnasium - The Math Learning Center, Lakewood Ranch, FL

EDITORIAL AND PROFESSIONAL SERVICE

2021	Graduate Student Poster Judge at the USF Undergrad Research Symposium
2020 – 2021	Mentor – USF Psychology Undergraduate Mentorship Program
2020 – 2021	Reviewer for the 2020 and 2021 APS Student Research Award
2020 – 2021	Graduate Student Representative for MA in Psychological Sciences Program
2020	Graduate Student Poster Judge at USF Undergraduate Psychology Expo

PROFESSIONAL AFFILIATIONS

- 2024 – present Student member of the Society for Industrial and Organizational Psychology
- 2020 – present Student member of the Association of Psychological Sciences
- 2020 – present Student member of the American Psychological Association
- 2020 – 2021 Student member of the Society for Research on Adolescents
- 2020 – 2021 Psi Chi, the International Honor Society in Psychology

CAMPUS INVOLVEMENT

- 2017 – 2018 President of the Psychology Club
New College of Florida, Sarasota, FL

COMMUNITY SERVICE

- 2017 – 2018 Guardian ad Litem, 12th Judicial Circuit of Florida, Sarasota County, FL

RELATED COURSES*Graduate level*

Organizational Psychology, Advanced Statistics, ANOVA, Regression, Graduate Research Methods, Advanced Social Psychology, Social Psychology, Professional and Ethical Issues in Psychology, Developmental Psychology, Cognitive Psychology, Physiological Psychology, Teaching of Psychology, Master's Thesis

Undergraduate level

Introduction to Statistics, Advanced Statistics with SAS, Introduction to Python, Research Methods in Psychology, Lab in Social & Personality Psychology, Impression Management, Sensation and Perception, Cognitive Neuroscience, Social Psychology, Developmental Psychology, Cognitive Psychology, Industrial/Organizational Psychology, Thesis